

# Redwoods Café

## Richmond Hill Country Club

### Starters

<b>Soup of the Day</b> Our Soups are always House made Composed Daily with only the Freshest Ingredients	8.50	<b>Calamari</b> Crispy Squid, Spicy Lime Sriracha Dipping Sauce served with a Refreshing Salad of Tomato, Cucumber and Onion, tossed in Lemon Dressing	13.75
<b>*Garden Salad</b> † <i>Spa Club Selection</i> V Seasonal Greens with Diced Tomato, Cucumber and Carrot Straws, your choice of a variety of Dressings including Red Wine Vinaigrette	10.50	<b>*Smoked Salmon Appetizer</b> Gf Delicately Smoked with Applewood, served with Sliced Onion, Capers and Lemon	18.95
<b>*Greek Salad</b> Romaine Lettuce, Feta Cheese, Tomato, Cucumber, Onions and Kalamata Olives, tossed in our House Herb Dressing	14.75	<b>*Egg Salad Platter or Wrap</b> † <i>Spa Club Selection</i> Egg Platter and Wrap is served with Carrot and Celery Sticks or Garden Salad Substitute Greek add	12.25 3.95
<b>*Caesar Salad</b> Romaine Lettuce with Garlic Coutons, Parmigiano Reggiano in a Creamy Caesar Dressing	13.50	<b>*Tuna Salad Platter or Wrap</b> † <i>Spa Club Selection</i> Tuna Platter and Wrap is served with Carrot and Celery Sticks or Garden Salad Substitute Greek add	14.95 3.95
<i>add a Protein to any Salad</i> Grilled Chicken or Surimi Seafood	8.50	<i>* include choice of bread from our Daily Selection</i>	

### Sports Club Selections

<b>RHCC Signature Burger</b> 8oz. Burger with Cajun Crispy Onions, Jalapeno, Tomato, Leaf Lettuce, Garden Fresh Pickles	17.50	<b>Classic Club House Sandwich</b> Triple Decker on Toasted Multi grain Slices of Roast Chicken Breast, Bacon, Tomato and Leaf Lettuce, Avocado Mayo	19.95
<b>Veggie Burger</b> † <i>Spa Club Selection</i> V with Fig and Date Balsamic Mustard, Cajun Crispy Onions, Leaf Lettuce and Tomato on a Kaiser	16.25	<b>Chicken Wrap with Hoisin Sauce</b> Shredded Cabbage and Lettuce, Carrot, Cashews, Bell Peppers and Onions on a Whole Wheat Wrap	18.95
<b>Roast Beef Sandwich</b> - sliced Angus Beef on an Italian Roll with Saute Mushrooms and Onion, Provolone Cheese Tomato and Adobo Mayo, Dill Pickle	23.95	<b>Montreal Smoked Meat Sandwich</b> 8oz. Montreal Smoked Meat on toasted Light Rye Dijon Mustard and Dill Pickle Spear	21.95

#### Chicken Finger Tenders

Crispy Seasoned Fillets, served with Plum Dipping Sauce 19.50

#### *Sports Club Selections include choice of*

Carrot & Celery Sticks, Coleslaw, Garden Salad, Caesar Salad or French Fries  
Substitute with Greek Salad add 3.95  
Substitute with Sweet Potato Fries add 3.15

*Note: Membership Rewards apply.*

*Please be advised that 18% Member Service Fee plus H.S.T. is automatically added to the above prices*

*The Club has a no gratuity policy and compensates all Staff accordingly*

†*Spa Club Selection* items promote a Healthy Choice without compromising Taste V *Vegetarian*/ Gf *Gluten free*

Our Kitchens are not Gluten free or Nut free Environments. Deep Fry Oil is Trans fat free not Gluten free



## Entrée Selections

<b>*RHCC Salmon Pave with Salsa Verde</b> †Spa Club Selection <i>Gf</i> served on a bed of Arugula and Blonde Frisee, Fine Julienne of Bell Peppers, Soya Beans, Granulated Seaweed and Rosé Vinaigrette	24.95	<b>Chicken Stir Fry</b> †Spa Club Selection <b>Silken Tofu Stir Fry</b> †Spa Club Selection The Chicken and Tofu Stir Fry Entrees are prepared with Fresh Harmony of Vegetables including Onions tossed in King Oyster Mushroom Sauce Choice of Jasmine Rice or Udon Noodles	23.95 22.50 23.50
<b>Grilled Atlantic Salmon Teriyaki</b> served with Steamed Rice, King Oyster Mushrooms, Ginger, Scallions and Baby Bok Choy †Spa Club Selection	28.95	<b>Szechwan Beef Stir Fry</b> <b>Szechwan Shrimp Stir Fry</b> The Beef and Shrimp Stir Fry Entrees are prepared with Spicy Chili Bean and Garlic Sauce, Mix of Fresh Vegetables including Onions and King Oyster Mushrooms Choice of Jasmine Rice or Udon Noodles	25.50 26.95
<b>Fish and Chips</b> Lightly battered Halibut Fillet, cooked to a Golden Brown served with Country Fries, House Tartar Sauce and Deli Coleslaw	22.95	<b>Thai Shrimp</b> with Carrots, Pineapple, Celery and Bell Peppers in a Spicy Aromatic Thai Coconut Red Curry Sauce accompanied with side Jasmine Rice	26.95
<b>*Chicken Marsala</b> Crimini Mushrooms in a Demi Glaze Sauce, Cherry Tomatoes, Edamame Whipped Potatoes and Grilled Asparagus	21.50	<b>Sweet and Sour Chicken</b> with Pineapple, Onions and Bell Peppers, side Jasmine Rice <i>Gf</i>	23.95
<b>*Rigatoni</b> - with Tomato Basil Sauce <i>v</i> - with Beef Bolognese Sauce	15.25 16.95		
<b>*Grilled Angus Striploin Steak</b> with Pepperberry Spice and Red Wine Shallot Sauce Yukon Mash Potatoes and Daily Vegetables 8oz.	36.95		

\*include choice of bread from our daily selection

## Fitness Breakfast *available until 3 p.m.*

### *Included with a Fitness Breakfast Egg Dishes*

- Coffee, Tea or Milk
- Preserves and Bread from our Selection
- 9oz. glass of in House Freshly Squeezed Orange Juice

### **Eggs your Style** †Spa Club Selection

Two Eggs garnished with a Sliced Strawberry 15.95

### **Omelette your Style** 16.95

Three Egg Omelette garnished with a Sliced Strawberry with **Egg White add** 1.95  
*choose from*  
Aged Cheddar, Swiss, Feta, Sauté Mushrooms, Diced Onions Red Peppers, Green Peppers, Asparagus or Baby Spinach 1.95 each

**\*Smoked Salmon Platter** *Gf* including Sliced Tomato, Cucumber, Onion, Egg and Cream Cheese Capers and Lemon 25.95

**Buttermilk Pancakes** served with side Berry Compote and dusted with Powdered Sugar Pure Canadian Maple Syrup 13.95

### **Side Selections and Sweet Endings**

French Fries	5.25
Sweet Potato Fries	7.25
Low Fat Yogurt	3.15
Cream Cheese	2.65
Sliced Fresh Fruit and Berries	10.50
Gelato or Sorbetto	sm 5.25 lg 6.95
Dessert of the Day	8.95

*The Fitness Breakfast Egg Dishes and Pancake are served with your choice of*  
- Hash Brown Patties, Bacon, Country Sausage  
Garden Salad, Caesar Salad, Sliced Tomato and Cucumber or Carrot and Celery Sticks

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